

## NCTSN External Resources National Sexual Assault Awareness Month (April 2020)

The National Child Traumatic Stress Network (NCTSN) is proud to observe National Sexual Assault Awareness Month, and offers this list of resources developed by outside partners or organizations to help educate families and communities, mental health and victim services professionals, and policy makers about the profound impact that sexual violence has on men, women, and children.

### For Families and Communities

#### National Center for PTSD

- [Child Sexual Abuse](#)  
Defines child sexual abuse and its effects, provides facts on abusers, and recommends books on the subject. Offers suggestions to caregivers on what to do if they suspect sexual abuse and on how to help keep children safe from sexual abuse.

#### National Sexual Violence Resource Center

- [It's Time ... to talk about it! Talk early, talk often. Prevent sexual violence. Tips for Parents and Caregivers](#) (2014)  
Defines sexual violence. Offers ways parents and caregivers can help prevent it—both as individuals and members of their community.
- [Teenagers & Sexual Violence Infographic](#) (2019)  
Provides an overview how sexual violence is experienced and impacts young people.

#### Office on Women's Health and Womenshealth.gov

- [Sexual Assault and Rape](#)  
Offers information about sexual assault and abuse including how to get help and how to stay safe, with links to additional resources.

#### RAINN (Rape, Abuse & Incest National Network)

- [A Guide for Friends and Family of Sexual Violence Survivors](#) (2013)  
Contains a general overview of sexual violence. It includes some tips on communication, the common questions and concerns, the long-term effects and how significant others can be affected.
- [National Resources for Sexual Assault Survivors and their Loved Ones](#)  
Provides a list of resources to support victims of sexual assault and their families.

#### Stop it Now! Together We Can Prevent the Sexual Abuse of Children

Helps prevent the sexual abuse of children by mobilizing adults, families, and communities to take actions that protect children before they are harmed.

### For Mental Health and Victim Services Professionals

#### Centers for Disease Control and Prevention

- [Preventing Intimate Partner & Sexual Violence: Program Activities Guide](#) (2010)  
Outlines five categories of activities key to the CDC's prevention work on intimate partner and sexual violence: 1) monitoring, tracking, and researching the problem; 2) developing and evaluating prevention strategies; 3) supporting and enhancing prevention programs; 4) providing prevention resources; and 5) encouraging research and development. Also includes additional resources.

## National Sexual Violence Resource Center

- [\*The Advocate's Guide: Working With Parents Of Children Who Have Been Sexually Assaulted\*](#) (2015)  
Designed for sexual assault program advocates working with non-offending parents and/or caregivers of children who have experienced sexual assault. The suggestions and strategies are intended for use with children under the age of 13. Also available in Spanish.
- [\*Child Sexual Abuse Prevention: Programs for Children—Building an Evidence-Informed Approach\*](#) (2011)  
Provides a guide to choosing and designing evidence-based child abuse prevention programs for children aged 3–12. The programs show children how to recognize child sexual abuse, teach skills to avoid sexual abuse, and provide encouragement to report abuse.
- [\*Considering Family Reconnection and Reunification after Child Sexual Abuse: A Road Map for Advocates and Service Providers\*](#) (2016)  
Provides an overview of the reunification process and how to navigate the process of clarification, reconnection, and reunification.
- [\*Serving Teen Survivors: A Manual for Advocates\*](#) (2018)  
Provides a brief overview on the unique issues young people who are sexual violence survivors face. Also included are tip sheets on working with teen survivors, information on confidentiality and mandated reporting laws, information on the teen brain, an annotated bibliography of recent research, and more.
- [\*Sexual Violence & Individuals Who Identify as LGBTQ Information Packet\*](#) (2012)  
Contains resources to support counselors, advocates, preventionists, technical assistance providers, and allied professionals committed to affirming all individuals and communities.

## Us Department of Justice Office of Justice Programs

- [\*Child Forensic Interviewing: Best Practices\*](#) (2015)  
Consolidates the current knowledge of professionals from several major forensic interview training programs on best practices for interviewing children in cases of alleged abuse.
- [\*Responding to Transgender Victims of Sexual Assault\*](#) (2014)  
Helps health care providers, law enforcement officers, emergency medical personnel, sexual assault advocates, therapists, or support group facilitators deliver culturally sensitive, respectful care when working with transgender victims and their loved ones.

## For Policy Makers

### Centers for Disease Control and Prevention – Violence Prevention

- [\*Rape Prevention and Education \(RPE\) Program\*](#)  
Designed to strengthen efforts to prevent sexual violence. Encourages the development of comprehensive, age-appropriate prevention strategies that address risk and protective factors.
- [\*STOP SV: A Technical Package to Prevent Sexual Violence\*](#) (2016)  
Highlights strategies based on the best available evidence to help communities and states sharpen their focus on prevention activities with the greatest potential to reduce sexual violence (SV) and its consequences.

## National Sexual Violence Resource Center

- [\*The Cost of Rape\*](#) (2018)  
Applies an economic burden estimate to advance prevention.