



CORE CONCEPT 3: REMINDERS & ADVERSITY

NCTSN

The National Child
Traumatic Stress Network

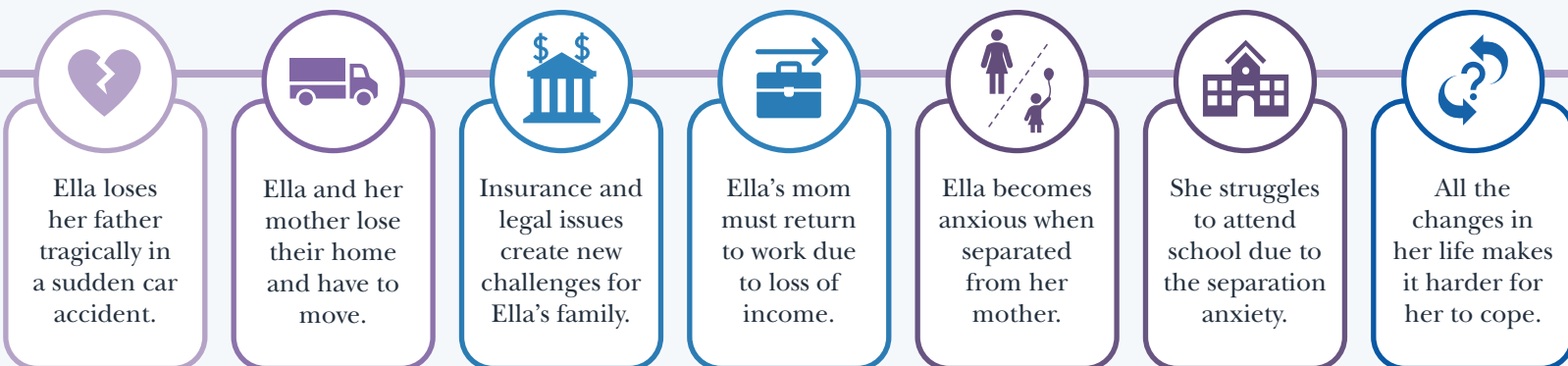
CORE CURRICULUM
ON CHILDHOOD TRAUMA

Trauma can affect more than the moment itself. Life changes and secondary adversities such as family separation, financial hardship, relocation, or ongoing medical and legal needs can create additional sources of distress and make coping and recovery more difficult. Trauma and loss reminders can also affect how children respond and recover. Recognizing what may be contributing to a child's distress can help us provide the support they need.

WHAT CAN HAPPEN AFTER A TRAUMATIC EVENT?



FOLLOW ELLA'S STORY



A NOTE ABOUT TRAUMA REMINDERS

Some experiences remind children of the traumatic event, while others are difficult challenges that happen after the trauma. Not all distress after trauma comes from a trauma reminder. To learn more about Trauma & Loss Reminders scan the following QR code or visit bit.ly/tafri.

