



Clinical Training Webinar Series

Developmental Trauma Disorder: Identifying Critical Moments and Healing Complex Trauma

Calm in the Storm: Therapist Attunement and Self-Regulation When Crises Occur in Session

In this webinar, moments of crisis (as seen in dramatized therapy sessions) will be viewed and discussed with a focus on how therapists can handle the challenge of remaining attuned to intensely distressed clients while also recognizing and regulating their own stress reactions. When children or adult caregivers experience peaks of hyperarousal – as expressed in many varied forms including anger, terror, and dissociation – the therapist must maintain a dual focus of attunement with the client(s) and themselves. Experienced trauma therapists discuss their own stress reactions, the questions and dilemmas these reactions raise for them, and helpful strategies for remaining fully and effectively present with their clients.

Series URL

<https://goo.gl/1ghbeK>

Speakers

- Adam Brown, PsyD, NYU Child Study Center
- Victor Labruna, PhD, Adelphi School of Social Work
- Rocio Chang, MA, PsyD, University of Connecticut
- Moderated by Julian Ford, PhD, University of Connecticut

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*This series is sponsored by the
Center for the Treatment of
Developmental Trauma Disorders*



The National Center for Child Traumatic Stress has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6647. Programs that do not qualify for NBCC credit are clearly identified. This program is approved by the National Association of Social Workers (NASW Provider #: 886476741) for 1 continuing education contact hour for each 1 hour NCTSN Training Presentation. The National Center for Child Traumatic Stress is approved by the American Psychological Association to sponsor continuing education for psychologists. The National Center for Child Traumatic Stress maintains responsibility for this program and its content. More information about this and other programs offered for continuing education credit is available on the NCTSN Learning Center at <https://learn.nctsn.org/ce>.