

Measures that are Appropriate for Refugee Children and Families

Name	Domains	Targeted Age	Format	Languages Available
African Youth Psychosocial Assessment	Depression, Anxiety, and Conduct Problems	10-17	41 item self-report, 20 minutes	Acholi Luo
Arab Youth Mental Health Scale (AYMHS)	Depression, Anxiety, Mood	Adolescents	21 item self-report, 10 minutes	Arabic
Beck Anxiety Inventory	Anxiety, Mood (internalizing Symptoms)	13-80	21 item self-report, 10 minutes	Nepali and multiple other languages
Beck Depression Inventory	Depression, Anxiety, Mood (Internalizing Symptoms)	13-80	21 item self-report, 5 minutes	Arabic and multiple other languages
Brief Problem Checklist-Parent Report	Internalizing and Externalizing Symptoms	7-18	15 item parent/caregiver report, 5 minutes	English and Spanish
Brief Problem Checklist-Youth Report	Internalizing and Externalizing Symptoms	7-18	15 item self-report, 5 minutes	English and Spanish
Child Behavior Checklist (CBCL) 1.5 to 5	Anxiety, Mood (Externalizing Symptoms)	1.5-5	100 item parent/caregiver report, 20 minutes	Arabic and multiple other languages
Child PTSD Symptoms Scale (CPSS)	Traumatic Stress, Psychosocial Functioning	8-18	26 item self-report, 15 minutes	English, Nepali, Spanish
Child and Youth Resilience Measure	Resilience	9-23	28 item self-report, 10 minutes	English
Child and Youth Resilience Measure-Child Report	Resilience	5-9	12 item self-report, 5 minutes	English
Child and Youth Resilience Measure-Youth Report	Resilience	10-23	12 item self-report, 5 minutes	English

Name	Domains	Targeted Age	Format	Languages Available
Children's Depression Inventory (CDI)	Depression	7-17	27 item self-report, parent/caregiver report, teacher report, 15 minutes	Arabic
Child Depression Inventory-Short Version (CDI-S)	Depression	8-12	10 item self-report, 5 minutes	English
Child PTSD Symptom Scale - Self Report (DSM-IV)	Traumatic Stress	8-18	24 item self-report, 15 minutes	English and Spanish
Child trauma screening questionnaire	Traumatic Stress	6-18	10 item self-report, 3 minutes	Arabic, Burmese, Farsi, Indonesian, Mandarin, Nepali, Somali, and Vietnamese
Children's Revised Impact of Events Scale-8 (CRIES-8)	Traumatic Stress	8+	8 or 13. Both have been validated, but CRIES-8 excludes arousal questions	Arabic, Nepali, Spanish and many other languages
Clinician Administered PTSD Scale (DSM-IV)	Traumatic Stress	8-18	30 item semi-structured interview, 20 minutes	English, Italian, and Korean
Depression, Anxiety and Stress Scale (DASS)	Anxiety, Mood	12+	42 item self-report, 15 minutes	Arabic and multiple other languages
Depression Self-Rating Scale (DSRS)	Traumatic Stress, Psychosocial Functioning, Trauma Exposure / Reminders	8-14	18 item self-report, 10 minutes	Nepali and multiple other languages
Development and Well-Being Assessment (DAWBA)	Psychosocial Functioning	5-17	self-report, teacher/day care provider report, 2 hours	Arabic and multiple other languages
Global Appraisal of Individual Needs-Short Screener (GAIN-SS)	Internalizing/Externalizing Symptoms and Substance Use	12+	23 item self-report, 10 minutes	English and Spanish

Name	Domains	Targeted Age	Format	Languages Available
Harvard Trauma Questionnaire (HTQ)	Trauma Exposure / Reminders, Traumatic Stress	Adults	47 items self-report, 30 minutes	Somali and multiple other languages
Hopkins Symptom Checklist-25 (HSCL-25)	Depression and anxiety	18+	25 item self-report, 10 minutes	Arabic, Burmese, Karen, Somali, and multiple other languages
Hopkins Symptom Checklist-37 for Adolescents (HSCL-37A)	Traumatic Stress (Internalizing and Externalizing Symptoms)	12+	37 item self-report, 30 minutes	Arabic, Burmese, Karen, Somali and multiple other languages
Kessler 6 (K6) and Kessler (K10)	Non-specific psychological distress	12+	6-item or 10-item report, either self-report or interviewer-administered, 5-10 minutes	Mandarin, Dutch, Hebrew, Italian, Japanese, Sinhalese, Turkish, Urdu, and others
Mini Neuropsychiatric Interview	Traumatic Stress, Anxiety, Mood, Externalizing Symptoms	18+	Semi-structured Interview, 20 minutes	Somali and multiple other languages
New Mexico Refugee Symptom Checklist - 121	Depression, posttraumatic stress, anxiety, and physical health		121 item self-report, 25 minutes	English
Parenting Stress Index-4-Short Form (PSI-4-SF)	Parenting stress	Caregivers of youth 12 and under	36 item parent/caregiver-report, 10 minutes	English and Spanish
Patient Health Questionnaire-2 (PHQ-2)	Depression	13+	2 item self-report, 1 minute	Somali, Nepali, Arabic, and many other languages
Patient Health Questionnaire-9 (Adolescent Version)	Depression	11-17	9 item self-report, 3 minutes	English
Patient Health Questionnaire-9 (PHQ-9)	Depression	11+	9 item self-report, 3 minutes	Somali, Nepali, Arabic, and many other languages
Pediatric Symptom Checklist-17 (PSC-17)	Internalizing and Externalizing Symptoms	3-18	17 item self-report, 5 minutes	Spanish, Chinese, Vietnamese, and others

Name	Domains	Targeted Age	Format	Languages Available
Pediatric Symptom Checklist-35 (PSC-35)	Internalizing and Externalizing Symptoms	3-18	35 item self-report, 15 minutes	Spanish, Somali, Hmong, and many others
Post-Migration Living Difficulties	Resettlement stressors	18+	24 item self-report, 10 minutes	Arabic, Bengali, Chinese, French, Italian, Portuguese, Romanian, and Spanish
Post-Traumatic Stress Disorder Checklist-Civilian (PCL-C)	Traumatic Stress	18-25	17 item self-report, 5 minutes	Spanish, Chilean, French, Malay, Somali and others
Post-Traumatic Stress Symptoms for Children PTSS-C	Traumatic Stress	7-17	30 item semi-structured interview. 20 minutes	Kurdish
Post-War Adversity Index	Resettlement stressors	11-20	23 item self-report, 10 minutes	English
Posttraumatic Diagnostic Scale (PDS)	Traumatic Stress	Adults	49 item semi-structured interview, 20 minutes	Somali
Psychological Distress Scale (SPDS)	Traumatic Stress, Anxiety, Mood, Externalizing Symptoms	Adults	35 item self-report, 20 minutes	Somali
Reactions of Adolescents to Traumatic Stress Questionnaire (RATS)	Traumatic Stress	Adolescents	22 item self-report, 10 minutes	Arabic, Burmese, Karen, Somali and multiple other languages
Refugee Health Screener (RHS-15)	Depression, posttraumatic stress, anxiety, and physical health	18+	15 item self-report, 3 minutes	Arabic, Burmese, Karen, Russian, Nepali, Spanish, and Somali
Resiliency Scales for Children and Adolescents (RSCA)	Relationships, Attachment	9-18	64 item self-report, 30 minutes	Arabic, English
Screen for Child Anxiety Related Emotional Disorders (SCARED)	Anxiety, Mood, Depression	8-18	41 item self-report, 15 minutes	Arabic and multiple other languages

Name	Domains	Targeted Age	Format	Languages Available
Semi-Structured Clinical Interview for Children and Adolescents (SCICA)	Relationships, Attachment	6-18	117 observation items, 107 self-report items semi-structured, teacher report, 60-90 minutes	Arabic, English
Strengths and Difficulties Questionnaire (SDQ)	Anxiety, Mood (Internalizing Symptoms), Externalizing Symptoms, Relationships, Attachment, Psychosocial Functioning, Cognition, and Development	3-16	25 item self-report teacher report, 25 minutes	Arabic and multiple other languages
Trauma Symptom Checklist for Children	Traumatic Stress	8-16	54 items self-report, 15-20 minutes	Spanish, Korean, Chinese, Dutch, and other languages
UCLA Posttraumatic Stress Disorder Reaction Index (DSM-IV)	Traumatic Stress	6-18	22 item self-report, 20 minutes	Arabic
WHO Well-Being Index (WHO-5)	Subjective psychological wellbeing, depression, quality of life	9+	5-item self-report, <5 minutes	German, Spanish, Thai, Urdu, and others
Youth Self-Report 11-18 (YSR)	Internalizing (mood, anxiety) and Externalizing Symptoms	11-18	112 item self report, 25 minutes.	Arabic, Swahili, Nepalese, and many others