




SELECT NCTSN RESOURCES RELATED TO REFUGEE & IMMIGRANT TRAUMA




NCTSN RESOURCES AND WEB CONTENT RELATED TO TRAUMATIC SEPARATION:

-  **Trauma-Informed Care for Unaccompanied Immigrant Youth (2021) (Podcast Series)**
Features different NCTSN members serving unaccompanied immigrant youth and other forms of migration related separation.

Alliance for Inclusion and Prevention
<https://www.nctsn.org/resources/trauma-informed-care-for-unaccompanied-immigrant-youth-alliance-for-inclusion-and-prevention>
Is a conversation with NCTSN members serving unaccompanied immigrant youth and other forms of migration related separation features Susan Lovett, LCSW, and Dorys Lemus, a former unaccompanied child, from the Alliance for Inclusion and Prevention (AIP) in Boston, Massachusetts. They share experiences and lessons learned from implementing a school-based trauma treatment program and highlight the role of a cultural liaison in working with youth who have experienced migration-related trauma.

Children and Youth Cabinet of Rhode Island
<https://www.nctsn.org/trauma-informed-care-for-unaccompanied-immigrant-youth-children-and-youth-cabinet-of-rhode-island>
Emphasizes the importance of individual and family voices in trauma treatment, and includes the voices of family members who participated in Familias Unidas, an evidence-based program focused on parenting skills.

La Clínica de La Raza
<https://www.nctsn.org/resources/trauma-informed-care-for-unaccompanied-immigrant-youth-la-clinica-de-la-raza>
Highlights the work of La Clínica de La Raza in Oakland, California. Staff share their experiences working with unaccompanied and immigrant youth, including the importance of partnerships forged through school-based health centers in improving access to services for unaccompanied immigrant youth. Staff also share the personal and professional impacts of researching and serving this population.

SGA Youth & Family Services (En Español)
<https://www.nctsn.org/resources/trauma-informed-care-for-unaccompanied-immigrant-youth-SGA-youth-family-services>
Comparte cómo tomando en cuenta las consideraciones culturales informa de manera más eficiente al equipo de trabajo al brindar servicios de trauma a jóvenes y familias Latinoamericanas.
-  **NCTSN Unaccompanied Alien Children (UAC) Supplemental Funding Report**
<https://www.nctsn.org/resources/nctsn-unaccompanied-alien-children-supplement-funding-report>
Provides an overview of activities of NCTSN grantees who received Fiscal Year 2019 supplement funding to address the needs of unaccompanied alien children and shares lessons learned from working with this population.
-  **Guiding Caregivers: How to Talk to a Child about Deportation or Separation (2019) (PDF)**
<https://www.nctsn.org/resources/guiding-caregivers-how-talk-child-about-deportation-or-separation>
Una Guía para los Cuidadores: Cómo hablarle a un niño/a sobre la deportación o separación (2019) (PDF)
<https://www.nctsn.org/resources/una-guia-para-los-cuidadores-como-hablarle-un-nino-a-sobre-la-deportacion-o-separacion>
Offers guidance on how to talk with children about deportation or separation. This fact sheets guides family members, caregivers, as well as providers, on how to speak to children about these issues including, if it is appropriate to talk to children at all about such things and how to use analogies to explain the idea of deportation and separation.
-  **Key Points: Traumatic Separation and Refugee and Immigrant Children (2018) (PDF)**
<https://www.nctsn.org/resources/key-points-traumatic-separation-and-refugee-and-immigrant-children>
Provides key points related to traumatic separation and immigrant and refugee children, adapted from the NCTSN fact sheet Children with Traumatic Separation: Information for Professionals.

- **Traumatic Separation and Refugee and Immigrant Children: Tips for Current Caregivers (2018) (PDF)**
<https://www.nctsn.org/resources/traumatic-separation-and-refugee-and-immigrant-children-tips-current-caregivers>

Separación Traumática, Niños Migrantes y Refugiados: Consejos para Padres, Cuidadores Primarios y Proveedores (2018) (PDF)

<https://www.nctsn.org/resources/separacion-traumatica-ninos-migrantes-y-refugiados-consejos-para-padres-cuidadores>

Provides tips for current caregivers and others to help address the needs of immigrant and refugee children who have experienced traumatic separation. The relationship with a parent is critical to a child's sense of self, safety, and trust. Separations from parents and siblings—especially under sudden, chaotic, or unpredictable circumstances such as those related to war, refugee, immigration, or detention experiences—may lead children to develop depression, anxiety, or separation-related traumatic stress symptoms. This tip sheet outlines what children of different ages might be experiencing and how caregivers and others can help.

- **Children with Traumatic Separation: Information for Professionals (2016) (PDF)**
<https://www.nctsn.org/resources/children-traumatic-separation-information-professionals>

Provides information and suggestions for helping children who experience traumatic separation from a caregiver. This fact sheet describes how many children experience the loss of a caregiver, either permanently due to death, or for varying amounts of time due to other circumstances.

NCTSN WEBINARS AND VIDEO RESOURCES RELATED TO TRAUMATIC SEPARATION:

- **Culturally-Responsive Approaches to Serve Latin American Children who Experience Traumatic Separation (2020) (Webinar)**

<https://www.nctsn.org/resources/culturally-responsive-approaches-to-serve-latin-american-children-who-experience-traumatic-separation>

Explores trauma-informed, culturally-responsive strategies for serving separated children who have migrated to the US from countries in Latin America. They will discuss policies and practices relevant to the protection and best interests of unaccompanied and separated immigrant children. This webinar provides an overview of a project providing mental health care and family navigation services for Latino immigrant families along the US southern border and community-based interventions in rural northern New Mexico. In addition, they will identify clinical challenges and strategies for serving migrant children and families in a primary health care setting.

- **Trauma-Informed Care: Understanding and Addressing the Needs of Unaccompanied Children (Available in English and Spanish) (2019) (Webinar Series)** All the webinars listed under this heading

<https://www.nctsn.org/resources/trauma-informed-care-understanding-and-addressing-the-needs-of-unaccompanied-children>

Led by the Refugee Trauma and Resilience Center in Boston and in collaboration with the UCLA-Duke University National Center for Child Traumatic Stress, the NCTSN presents this webinar series designed to cover the impact of trauma on children during all phases of their migration journey. Nationally recognized speakers from NCTSN are joined by experts from the Irving Harris Foundation's Professional Development Network to provide best practices for culturally responsive and trauma-informed provision of services. This series features diverse expertise from the fields of refugee and migrant health, cultural studies, mental health, early childhood development, childhood traumatic stress, trauma-informed systems of care, and secondary traumatic stress. Presenters include Lisa Fortuna, Alisa Miller, and Saida Abdi.

Culture, the Migration Journey, Trauma and Assessment

<https://www.nctsn.org/resources/culture-the-migration-journey-trauma-and-assessment>

Cultura, experiencia migratoria, trauma, y evaluación

<https://www.nctsn.org/resources/culture-the-migration-journey-trauma-and-assessment-sp>

Offers foundational information related to the intersection of culture, the migration journey, trauma and assessment. Description: In addition, recommendations for providing culturally responsive, child-friendly assessment and best practices are shared for working with interpreters for individuals who have direct contact with unaccompanied children (e.g., care provider staff) or work with people with direct contact with unaccompanied children (e.g., supervisors).

Culture, Development, Trauma, and Socio-Cultural Responsive Interventions with Youth Ages 7 and Older

<https://www.nctsn.org/resources/culture-development-trauma-and-socio-cultural-responsive-interventions-with-youth-ages-7-and-older>

Intervenciones sensibles a la cultura, el desarrollo y el trauma con jóvenes de 7 años y mayores (2019)

<https://www.nctsn.org/resources/culture-development-trauma-and-socio-cultural-responsive-interventions-with-youth-ages-7-and-older-sp>

Defines traumatic separation and grief and outlines the developmental impacts on youth. Additionally, participants will learn how to be responsive to the cultural and linguistic needs of youth. Participants will learn children's common fears and perceived threats to safety experienced by youth exposed to traumatic events as well as culturally responsive strategies for staff to use when working with youth.

Attachment, Development, Trauma, and Socio-Cultural Responsive Interventions for Young Children

<https://www.nctsn.org/resources/attachment-development-trauma-and-socio-cultural-responsive-interventions-for-young-children>

Intervenciones con niños muy pequeños, informadas en apego, desarrollo, trauma y cultura (2019)

<https://www.nctsn.org/resources/attachment-development-trauma-and-socio-cultural-responsive-interventions-for-young-children-sp>

Provides a basic overview of the intersection of early childhood development (0-5), attachment and trauma in young migrant children. The presenters will discuss developmentally, trauma and socio-culturally informed interventions and engage the audience in reflections about best practices and practice-change with this population.

Secondary Traumatic Stress: Understanding the Impact of Trauma Work on Professionals (2019)

<https://www.nctsn.org/resources/secondary-traumatic-stress-understanding-the-impact-of-trauma-work-on-professionals>

Estrés Traumático Secundario: Cómo Entender el Impacto que Tiene el Trabajo de Trauma en los Profesionales

<https://www.nctsn.org/resources/secondary-traumatic-stress-understanding-the-impact-of-trauma-work-on-professionals-sp>

Developed by Raven Cuellar, PhD, Carmen Rosa Noroña, LCSW, Ms. Ed., Ginny Sprang, PhD, and Savina Treves, MA, LPC this webinar defines Secondary Traumatic Stress (STS), describes how the sociocultural context and the experience of migration may impact the experience of STS and outlines specific strategies to strengthen protective factors to prevent, identify, and address STS in the workplace. Through case examples, participants will learn who is at risk, organizational and individual factors related to STS, and how to approach support staff wellness.



Giving Immigrant Children a Voice: Understanding Traumatic Separation (2018) (Webinar)

<https://www.nctsn.org/resources/giving-immigrant-children-voice-understanding-traumatic-separation>

Focuses on helping providers, current caregivers, and others understand and recognize the effects of Traumatic Separation in immigrant children of different ages, understand immigrant children's prior trauma experiences, and provide practical suggestions for how to support immigrant children who have been separated from parents and siblings. Speakers include: Judy Cohen, Stacey Frymier, Saida Abdi, and Javier Rosado.



Traumatic Separation in Children and Adolescents (2017) (Webinar)

<https://www.nctsn.org/resources/traumatic-separation-children-and-adolescents>

Describes the impact of traumatic separation, attachment, and attachment disruption on children and adolescents. This webinar shares the perspectives of being involved in the child welfare system, including clinicians, former foster youth, along with a biological and foster parent, as well as discusses supporting foster or adoptive children and youth who are coping with traumatic separation in out-of-home care and the impact of traumatic separation on birth parents. Speakers include: Judith Cohen, Matt Kliethermes, Diane Lanni, and Amnoni Myers.



Applying Evidence-Based Trauma Treatment for Childhood Traumatic Separation (Webinar)

<https://www.nctsn.org/resources/applying-evidence-based-trauma-treatments-for-childhood-traumatic-separation>

Describes developmental, cultural, and clinical aspects of Childhood Traumatic Separation (CTS); similarities and differences between CTS and Childhood Traumatic Grief (CTG); and how evidence-based trauma treatments for CTG can be applied for children with CTS.



Parenting in a New Context: Strategies for Practitioners Supporting Refugee and Immigrant Caregivers (2021) (Podcast Series)

<https://www.nctsn.org/resources/parenting-in-a-new-context-strategies-for-practitioners-supporting-refugee-and-immigrant-caregivers>

Discusses how practitioners can enhance their skills and raise their standard of care to refugee and immigrant caregivers and families who are adjusting to a new culture and may have experienced potentially traumatic events. Mental health providers who work with immigrant and refugee communities are often in search of strategies to more effectively engage, serve, and support these caregivers and families. Cultural and contextual differences require providers to adapt or reconsider common parenting interventions when working with refugee and immigrant caregivers. While there are research-based “best practices” for most effectively helping refugee and immigrant caregivers, most practitioners do not receive substantial specialized training in these practices.

Foundational Tenets of Culturally Responsive Care

<https://www.nctsn.org/resources/parenting-in-a-new-context-foundational-tenets-of-culturally-responsive-care>

Discusses important topics for providers relevant for working with refugee and immigrant caregivers, with the goal of enhancing mental health providers’ and family therapy practitioners’ ability to effectively engage, serve, and support refugee and immigrant caregivers. In this episode, Luna Mulder and Jeff Winer from the Refugee Trauma and Resilience Center join the Center for Resilient Families’ Trevor Born to discuss the tenants of culturally responsive care.

How Culture Influences Parenting

<https://www.nctsn.org/resources/parenting-in-a-new-context-how-culture-influences-parenting>

Discusses important topics for providers relevant for working with refugee and immigrant caregivers, with the goal of enhancing mental health providers’ and family therapy practitioners’ ability to effectively engage, serve, and support refugee and immigrant caregivers. In this episode, Osob Issa and Emma Cardelli join the Center for Resilient Families’ Trevor Born to discuss the cultural dynamics that can influence parenting among refugee and immigrant caregivers.

How to Adapt Parenting Interventions to be Culturally Responsive

<https://www.nctsn.org/resources/parenting-in-a-new-context-how-to-adapt-parenting-interventions-to-be-culturally-responsive>

Discusses important topics for providers relevant for working with refugee and immigrant caregivers, with the goal of enhancing mental health providers’ and family therapy practitioners’ ability to effectively engage, serve, and support refugee and immigrant caregivers. In this episode, Ruben Parra-Cardona from the University of Texas School of Social Work and Abigail Gewirtz from the Center for Resilient Families discuss how parenting interventions can be adapted to be more culturally responsive.

How Trauma Can Impact Parenting

<https://www.nctsn.org/resources/parenting-in-a-new-context-how-trauma-can-impact-parenting>










Discusses important topics for providers relevant for working with refugee and immigrant caregivers, with the goal of enhancing mental health providers’ and family therapy practitioners’ ability to effectively engage, serve, and support refugee and immigrant caregivers. In this episode, Saida Abdi and Alisa Miller from the Refugee Trauma and Resilience Center join the Center for Resilient Families’ Trevor Born to discuss how trauma can impact parenting, and the particular impact of trauma on refugee and immigrant caregivers.












A Socio-Culturally, Linguistically-Responsive, and Trauma-Informed Approach to Mental Health Interpretation (2019) (PDF)







<https://www.nctsn.org/resources/a-socio-culturally-linguistically-responsive-and-trauma-informed-approach-to-mental-health-interpretation>



Provides mental health clinicians and professional interpreters with information about a trauma-informed approach to mental health interpretation that is socio-culturally and linguistically- responsive to the needs of children and families receiving services. This resource guide describes frameworks for mental health interpretation, roles in a clinical setting, the interpreter and mental health clinician dyad, how to manage a session that needs interpretation services, secondary traumatic stress, supervision, values and ethics, as well as advocacy for better services for children and families needing interpretation services.

-  **Understanding Refugee Trauma: For Child Welfare (2019) (PDF)**
<https://www.nctsn.org/resources/understanding-refugee-trauma-child-welfare>
Provides information about refugee trauma for those working in or with the child welfare system. This fact sheet defines gives definitions to describe those who migrate to the US; potentially traumatic events that could occur before, during, or after migration; involvement in the child welfare system; how notions of safety, permanency and well-being are shaped by culture; factors that could potentially elevate the risk of child welfare involvement; special considerations for child sexual abuse; barriers to service access and engagement; and system considerations.
-  **Suicide and Refugee Children and Adolescents (2018) (PDF)**
<https://www.nctsn.org/resources/suicide-and-refugee-children-and-adolescents>
Offers information about risk and protective factors as related to suicide and refugee children and adolescents. This fact sheet gives strategies for talking with refugee children and adolescents about suicide.
-  **Refugee Trauma (NCTSN Webpage) (2018) (PDF)**
<https://www.nctsn.org/what-is-child-trauma/trauma-types/refugee-trauma>
Features National Child Traumatic Stress Network tools and materials to help those caring for refugee children and families. Includes information on effects, screening and assessment, and interventions.
-  **Understanding Refugee Trauma: For Mental Health Professionals (2018) (PDF)**
<https://www.nctsn.org/resources/understanding-refugee-trauma-mental-health-professionals>
Outlines different considerations that mental health professionals need to take into account when working with refugee youth and their families. This fact sheet describes the cultural, child and youth, family, and provider considerations that professionals should understand when working with this population.
-  **Understanding Refugee Trauma: For Primary Care Providers (2018) (PDF)**
<https://www.nctsn.org/resources/understanding-refugee-trauma-primary-care-providers>
Outlines different considerations that primary care providers need to take into account when working with refugee youth and their families. This fact sheet describes the cultural, child and youth, family, and provider considerations that healthcare providers should understand when working with this population.
-  **Understanding Refugee Trauma: For School Personnel (2018) (PDF)**
<https://www.nctsn.org/resources/understanding-refugee-trauma-school-personnel>
Outlines different considerations that school personnel need to take into account when working with refugee youth and their families. This fact sheet describes the school, classroom, individual, and family considerations that school staff should understand when working with this population.
-  **Data Collection Offers Opportunities for Unpacking the Refugee Experience (2017) (PDF)**
<https://www.nctsn.org/resources/data-collection-offers-opportunities-unpacking-refugee-experience>
Outlines with use of data for discovering best practices for reaching and helping traumatized refugee children involves collaborations between mental health providers and communities. This Spotlight on Culture describes how, for a few different NCTSN centers, data sets have convinced them of the enormous potential data collection has to inform the delivery of services.
-  **Trauma and Mental Health Needs of Immigrant Minors: Part One (2015) (PDF)**
<https://www.nctsn.org/resources/trauma-and-mental-health-needs-immigrant-minors-part-one>
Offers information on the delivery of trauma-informed services to immigrant children who cross the border into the United States unaccompanied by parents or protective adults. This is part I of a series of articles in the Spotlight on Culture addressing the mental health needs of immigrant youth.
-  **Trauma and Mental Health Needs of Immigrant Minors: Part Two (2015) (PDF)**
<https://www.nctsn.org/resources/trauma-and-mental-health-needs-immigrant-minors-part-two>
Addresses the mental health needs of immigrant minors during their resettlement process and integration into American schools. This is part 2 in a series of the Spotlight on Culture that provides information about the trauma and the mental health needs of immigrant minors.



-  **Unaccompanied Migrant Children (2015) (PDF)**
<https://www.nctsn.org/resources/unaccompanied-migrant-children>
Provides an overview of working with unaccompanied minors and the unique nature of the trauma they may have experienced. This resource describes symptoms or behaviors unaccompanied minors may display, cultural considerations for providers, and additional resources.
-  **For Immigrant Families, Language Opens Door to Healing from Trauma (2012) (PDF)**
<https://www.nctsn.org/resources/immigrant-families-language-opens-door-healing-trauma>
Outlines the use of language as a door to healing from trauma for many immigrant families. This Spotlight on Culture discusses trauma and culture, and the barrier that language may have on access to quality care.
-  **Helping Latin-American Immigrant Pregnant Women Exposed to Trauma: Reflections on Mirroring (2011) (PDF)**
<https://www.nctsn.org/resources/helping-latin-american-immigrant-pregnant-women-exposed-trauma-reflections-mirroring>
Discusses mirroring as a fundamental maternal capacity through which a baby “sees” himself in the mother’s face and makes sense of who he is, which helps the child to feel and incorporate a sense of self. This Spotlight on Culture describes how culture is also a mirror and how trauma can affect how a mother uses mirroring with her child.
-  **Working with Immigrant Latin-American Families Exposed to Trauma (2011) (PDF)**
<https://www.nctsn.org/resources/working-immigrant-latin-american-families-exposed-trauma>
Describes how to use Child-Parent Psychotherapy (CPP) with immigrant Latin American families exposed to trauma. This Spotlight on Culture offers information on assisting with problems of living, case management, and crisis intervention; providing reflective, unstructured, and developmental guidance; as well as attending to a family’s cultural norms and values.
-  **Addressing the Mental Health Problems of Border and Immigrant Youth (2009) (PDF)**
<https://www.nctsn.org/resources/addressing-mental-health-problems-border-and-immigrant-youth>
Helps mental health care providers, working in the Mexico-US border region, understand the diverse cultural, socioeconomic, environmental, and political factors that daily affect the lives of their clients/patients. This report offers guidance on how to provide culturally competent care while simultaneously addressing families’ misconceptions and knowledge gaps about the causes of mental health problems and their treatment.
-  **Children of War: A Video for Educators Resource Guide (2005) (PDF)**
<https://www.nctsn.org/resources/children-war-video-educators-resource-guide>
Accompanies the Children of War video and includes discussion questions, suggestions about ways schools and teachers can help refugee students and families, and provides information on the effects of traumatic stress on school performance.
-  **Culture and Trauma Brief: Promoting Culturally Competent Trauma-Informed Practices (2005) (PDF)**
<https://www.nctsn.org/resources/culture-and-trauma-brief-promoting-culturally-competent-trauma-informed-practices>
Highlights the need for clinicians and policymakers to understand the links between trauma and culture. This brief outlines cultural competence in trauma treatments and practices to encompass race, ethnicity, immigrant status, sexuality, urbanity and rurality, and disability. Data from the National Child Traumatic Stress Core Data Set are summarized, demonstrating the significant differences between refugee/non-refugee, racial, and ethnic groups in lifetime exposure to trauma.
-  **Mental Health Interventions for Refugee Children in Resettlement: White Paper II (2005) (PDF)**
<https://www.nctsn.org/resources/mental-health-interventions-refugee-children-resettlement-white-paper-ii>
Describes the mental health issues for refugee children in resettlement. This white paper outlines refugee experiences and mental health needs including exposure to trauma, access to mental health services, stresses in resettlement, and the need for comprehensive services. It offers a review of literature including trauma-informed treatments for refugee children, strategies to improve access to care, engagement strategies, and approaches to cultural competence, and interventions designed to address the stresses of resettlement.
-  **Review of Child and Adolescent Refugee Mental Health (2003) (PDF)**
<https://www.nctsn.org/resources/review-child-and-adolescent-refugee-mental-health>
Gives an overview of child and adolescent refugee mental health. This white paper offers providers information on phases of the refugee experience, stressors affecting refugee children, coping and protecting children from stress, common stress reactions and outcomes, intervention for refugee children and families, and implications for working with refugees.

NCTSN WEBINARS AND VIDEO RESOURCES RELATED TO REFUGEE AND IMMIGRANT TRAUMA:



-  **Mandated Reporting with an Immigrant Family Struggling with Acculturation and Developmental Trauma (2020) (Webinar)**
<https://www.nctsn.org/resources/mandated-reporting-with-an-immigrant-family-struggling-with-acculturation-and-developmental-trauma>
Introduces Enrique Sanchez, a young immigrant father, who brought his seven-year-old son, Joaquin, to a new country without the rest of their family. Their therapist, Dr. Chang, will discuss a difficult decision with Enrique, regarding concerns she has over Joaquin's safety and the family's future.
-  **Reflections on Engagement with an Immigrant Child-Parent Dyad Recently Reunified (2020) (Webinar)**
<https://www.nctsn.org/resources/reflections-on-engagement-with-an-immigrant-child-parent-dyad-recently-reunified>
Shows the modern-day manifestations of the intersection of historical, intergenerational, and migration trauma and its compounding impact with present-day traumatic stressors on the parent-child relationship of an indigenous Guatemalan immigrant family. This webinar depicts significant emotional and relational themes faced by young children who come to the US as unaccompanied minors as well as themes that both the children and their parents face upon reunification. Viewers will also see a framework for engagement where the therapeutic relationship is used as a vehicle for the restoration of safety, co-regulation, protection, and hope in the parent-child relationship. This framework is aimed not only at repairing the child-parent relationship but also at exploring, acknowledging, and including the family's historical and socio-cultural context in complex trauma treatment.
-  **Exploring Policy Challenges, Solutions, and Resources for Addressing Trauma among Refugee Youth (2018) (Webinar)**
<https://www.nctsn.org/resources/exploring-policy-challenges-solutions-and-resources-addressing-trauma-among-refugee-youth>
Explores policy challenges and solutions relevant to working with refugee youth. This webinar provides an overview of NCTSN activities and resources related to refugee youth. Federal, state, and NCTSN perspectives were highlighted. Presenters included: Heidi Ellis, Sarah Ferriss, Heather Shattuck-Heidorn, Curi Kim, and Diane Elmore Borbon.
-  **Celebrating World Refugee Day: Understanding Refugee Experiences and Improving Services (2017) (Webinar)**
<https://www.nctsn.org/resources/celebrating-world-refugee-day-understanding-refugee-experiences-and-improving-services>
Offers information about refugee arrivals in the U.S. and refugee mental health needs and best practices. This webinar discusses how host communities and service providers need to take trauma and loss into consideration as they support refugees, as well as refugee core stressors and the importance of creating trauma-informed, culturally accessible services. Additionally, the webinar describes Trauma Systems Therapy for Refugees (TST-R) as an example of an intervention specifically tailored to address the needs of refugees.
-  **We Left One War and Came to Another: The Double Edge Sword of Resettlement in Urban Communities for Refugee Youth (2015) (Webinar)**
<https://www.nctsn.org/resources/we-left-one-war-and-came-another-double-edge-sword-resettlement-urban-communities-refugee>
Offers information on refugee youth and their families. This webinar discusses how refugee youth and families are often resettled in urban neighborhoods in North America that have high rates of community violence. In this webinar, the presenters will discuss the "double edge sword" that refugee youth experience in resettlement.
-  **Best Practices in Screening and Assessment of Refugee Youth (2013) (Webinar)**
<https://www.nctsn.org/resources/best-practices-screening-and-assessment-refugee-youth>
Highlights best practices in screening and assessment for refugee youth. This webinar addresses challenges and key issues when conducting mental health assessments with refugee children and adolescents; evidence-based screening and assessment tools for refugee youth; and best practices in assessment administration, including information about translating assessments and existing assessments that have already been adapted for this population. This webinar also describes best practices in the use of screening and assessment instruments for treatment planning and program evaluation.

-  **Immigration and Trauma: Clinical Observations of Four Immigrant Psychotherapists Working With Latino Immigrant Families (2010) (Webinar)**
<https://www.nctsn.org/resources/immigration-and-trauma-clinical-observations-four-immigrant-psychotherapists-working>
Offers strategies to make services culturally responsive to the needs of the Latino immigrant population. This webinar addresses factors inherent to the immigration process such as bilingualism, sense of self, and acculturation, as well as the impact of identity, culture, and trauma. Using personal experiences the presenters discuss how Latino clinicians have used their immigration experience in their clinical work.
-  **Children of War: A Video for Educators (2005) (Video)**
<https://www.nctsn.org/resources/children-war-video-educators>
Includes a segment from the play Children of War and a documentary about the scope and impact of refugee trauma and its consequences for youth in schools. This video presents five adolescent refugees from Afghanistan, Iraq, El Salvador, Sierra Leone, and Somalia who tell their stories of war, traumatic loss, and relocation to the United States in the play Children of War.

NCTSN RESOURCES RELATED TO ASSESSMENTS AND REFUGEE TRAUMA:

-  **Refugee Standardized Measures (2015) (PDF)**
<https://www.nctsn.org/resources/refugee-standardized-measures>
Provides a table of standardized measures that are appropriate for refugee children and families.
-  **Refugee Services Core Stressor Assessment Tool (2011) (Web-based)**
<https://www.nctsn.org/resources/refugee-services-core-stressor-assessment-tool>
A web-based tool designed to help service system providers understand the experience of refugee children and families, identify the needs associated with their mental health, and ensure that they are connected with the most appropriate available interventions. This Tool guides providers through assessment of refugee core stressors in four domains: Traumatic Stress, Resettlement Stress, Acculturation Stress, and Isolation Stress.

NCTSN RESOURCES RELATED TO INTERVENTIONS AND REFUGEE TRAUMA:

-  **Trauma Systems Therapy for Refugees (2016) (PDF)**
<https://www.nctsn.org/interventions/trauma-systems-therapy-refugees>
TST-R is a comprehensive method for treating traumatic stress in children and adolescents that adds to individually based approaches by specifically addressing social environmental/system-of-care factors that are believed to be driving a child's traumatic stress problems. TST-R is adapted for refugee youth and families who have experienced war and violence prior to resettlement and continue to face ongoing acculturation and resettlement stress. It consists of three components of prevention and intervention. TST-R has been adapted for, and implemented with, various refugee communities.
-  **International Family Adult and Child Enhancement Services Factsheet (2011) (PDF)**
<https://www.nctsn.org/interventions/international-family-adult-and-child-enhancement-services>
IFACES is a program that provides comprehensive community-based mental health services to refugee children, adolescents, and families. Outreach the cornerstone of the program and occurs throughout the treatment process. It includes identifying refugee children who can benefit from services, engaging them and their families in services, retaining them in services, and supporting them as necessary after the active treatment phase has ended.