



Back to School Resources

for School Personnel

Sponsored by the NCTSN Schools Committee

As the school year begins, we would like to offer all school personnel (including educators, administrators, counselors and support staff) the opportunity to use our many resources for schools!

Our resources were created to highlight issues related to trauma, to explain how trauma can affect children and adolescents, and to help schools support students and families who have been impacted by trauma. The materials range from basic informational fact sheets to webinars describing interventions for trauma in schools. They cover a variety of trauma types, are applicable for youth from the preschool to high school years.

Our resources are easily accessible on the [NCTSN website](#)
and the [NCTSN Learning Center for Child and Adolescent Trauma](#)
These resources are free and can be downloaded at any time!

Print Materials

- [Trauma Facts for Educators](#)
- [Trauma-Informed School Strategies During COVID-19](#)
- [Creating, Supporting and Sustaining Trauma-Informed Schools: A Schools Framework](#)
- [Trauma-Informed Schools for Children in K-12: A System Framework](#)
- [Addressing Race and Trauma in the Classroom: A Resource for Educators](#)
- [Creating Active Shooter/Intruder Drills](#)
- [Child Trauma Toolkit for Educators](#)
- [Child Trauma Toolkit for Educators – Spanish version](#)
- [Psychological First Aid for Schools](#)
- [Is it ADHD or Child Traumatic Stress: A Guide for Clinicians](#)
- [When a Child Alleges Sexual Abuse by an Educator or Other School Staff: An Educator's Guide to Appropriate Response and Support](#)
- [Complex Trauma: Facts for Educators](#)



- Coping in Hard Times: Fact Sheet for School Staff
- Psychological and Behavioral Impact of Trauma: Preschool Children
- Psychological and Behavioral Impact of Trauma: Elementary School Students
- Psychological and Behavioral Impact of Trauma: Middle School Students
- Psychological and Behavioral Impact of Trauma: High School Students Responding to a School Crisis
- Self Care for Educators
- Understanding Refugee Trauma: For School Personnel
- Traumatic Grief in Military Children: Information for Educators
- Helping Military Children with Traumatic Grief
- Childhood Traumatic Grief: For School Personnel
- Childhood Traumatic Grief: Information for School Personnel Teaching Military Children
- Age-Related Reactions to a Traumatic Event
- What is Child Traumatic Stress?
- Brief Information on Childhood Traumatic Grief For School Personnel
- Teacher Guidelines for Helping Students after Mass Violence

Webinars and Videos

- Secondary Traumatic Stress for Educators
- Schools and Trauma
- Invisible Wounds: The Impact of Community Violence on Children and Youth in Schools
- Engaging Schools: Developing School/Mental Health Partnerships
- Psychological First Aid for Schools
- Integrating Evidence-Based Practices in School Interventions
- Supporting Schools to Test and Implement Tailored Trauma-Informed Practices
- Building Relationships as a Foundation of Trauma-Informed Practices in Schools
- Looking at Strategies in the Classroom to Support Students
- Using a Framework for Creating Sustainable Trauma-Informed Change in Schools
- Understanding the Intersection Between Cyberbullying and Trauma



- Trauma-Informed IEPs: Differential Diagnosis and Trauma-Informed Assessment in Schools
- Response and Recovery After School Violence
- Educator Sexual Misconduct in Schools: Guidelines for Staff, Volunteers, and Community Partners
- Preparing Our Children for Emergencies
- Sudden Death on a School Campus: Impact and Response
- Sticks and Stones Will Break my Bones . . . And Words Can Hurt Me: A Trauma-Informed Understanding of Bullying
- Schools and Grief: Helping Student Cope with Death
- Children of War: A Video for Educators

For more resources for School Personnel
Visit www.nctsn.org/audiences/school-personnel