

NCTSN External Resources National Child Abuse Prevention Month (April 2020)

The National Child Traumatic Stress Network (NCTSN) is proud to observe National Child Abuse Prevention Month, and offers this list of resources developed by outside partners or organizations to help educate families and communities, mental health and victim services professionals, and policy makers about the profound impact that child abuse has on children and families.

For Advocates and Policy Makers

[Administration for Children & Families / Children's Bureau](#)

- [Child Maltreatment Annual Reports: Reports from the States to the National Child Abuse and Neglect Data Systems – National Statistics on Child Abuse and Neglect](#)
Provides access to reports from 1995 through 2018.

[Center for Disease Control and Prevention Violence Prevention](#)

- [Preventing Child Abuse and Neglect: A Technical Package for Policy, Norm, and Programmatic Activities](#) (2016)
Represents a select group of strategies based on the best available evidence to help prevent child abuse and neglect.

[National Academies of Science, Engineering, and Medicine](#)

- [New Directions in Child Abuse and Neglect Research](#) (2013)
Examines research findings on the extent, causes, and consequences of child abuse and neglect and the effectiveness of intervention programs. It also provides recommendations for establishing a coordinated national infrastructure to support future child abuse and neglect research.

[Prevent Child Abuse America](#)

Works to prevent the abuse and neglect of our nation's children by building awareness, providing education, and inspiring hope to everyone involved in the effort.

For Children and Adolescents

[Childhelp](#)

- [Child Help Hot Line](#)
Offers help to children who are being abused via 24/7 access to the Childhelp National Child Abuse Hotline. Children can talk to trained professional counselors through translators in 140 languages. All calls are anonymous and toll-free: 1-800-4-A-CHILD (1-800-422-4453). Includes facts kids need to know and advice on how to protect themselves from abuse.

[KidsHealth](#)

- [How to Handle Abuse](#)
Describes types of abuse and offers advice on how children can tell someone if they are being abused.

TeensHealth

- [*What Is Abuse?*](#)
Describes types of abuse, how to recognize it, and its effects. Includes resources teens can turn to for help.

For Educators

Child Welfare Information Gateway

- [*The Role of Educators in Preventing and Responding to Child Abuse and Neglect*](#) (2003)
Focuses on skills and programs that help educators recognize and report child maltreatment to prevent abuse and neglect from occurring, continuing, or recurring.

Childhelp

- [*Speak Up Be Safe*](#)
Focuses on child safety. This new school-based child abuse prevention education program (formerly Good Touch Bad Touch) program is research based, and culturally and developmentally appropriate

Committee for Children

Dedicated to fostering the safety and well-being of children through social-emotional learning and development. CFC is the world's largest provider of research-based educational programs that promote social-emotional skills and prevent bullying and sexual abuse.

For Families and Communities

Centers for Disease Control and Prevention Child Development

- [*Positive Parenting Tips*](#)
Guides discuss developmental milestones, and offer tips on positive parenting (for ages 0–17) and on keeping children safe. Information includes identification of specific conditions, data and statistics, research, free materials, multimedia and tools, and links to other websites. Available in English and Spanish.

Child Welfare Information Gateway

- [*Long-Term Consequences of Child Abuse and Neglect*](#) (2013)
Explains the long-term physical, psychological, behavioral, and societal consequences of child abuse and neglect.
- [*Parent Education to Strengthen Families and Reduce the Risk of Maltreatment*](#) (2013)
Provides an overview of research regarding some key characteristics and training strategies of successful parent education programs for strengthening families and preventing child maltreatment. Information about selected evidence-based and evidence-informed parent education programs.
- [*Parenting Children and Youth Who Have Experienced Abuse or Neglect*](#) (2018)
Helps parents (birth, foster, and adoptive) and other caregivers better understand the challenges of caring for a child or youth who has experienced maltreatment and learn about available resources for support.
- [*Preventing Child Abuse and Neglect*](#) (2013)
Provides information on how communities and individual citizens can strengthen families, protect children, and prevent child abuse and neglect.

Childhelp

A national nonprofit that helps abused, neglected and at-risk children. Focuses on advocacy, prevention, treatment, and community outreach.

- [Help for Parents and Caregivers](#)
Offers access to the National Child Abuse Hotline for parents of children who are being abused. Trained counselors are available 24/7, with communication in 140 languages through translators. All calls are anonymous and toll-free: 1-800-4-A-CHILD (1-800-422-4453). Also offers resources on parenting including dealing with difficult behavior, setting limits, using time-out effectively, and safety.
- [The Issue of Child Abuse](#)
Describes child abuse and the four major forms: physical abuse, sexual abuse, neglect, and emotional abuse. Offers advice on identifying child abuse, dealing with the aftereffects, resources for help, reporting child abuse, and much more.
- [Parenting and Adult Survivor/Self-Help Reading List](#)
Includes a list of books on parenting, and on adult survivors and self-help.

Prevent Child Abuse America (PCA America)

- [Resources](#)
List of parenting tip sheets.

The National Center on Shaken Baby Syndrome

Educates and trains parents and professionals, and to conduct research that will prevent the shaking and abuse of infants in the USA. Includes a link to Period of Purple Crying website which provides information to help parents soothe a crying baby.

The Shaken Baby Alliance

Collaborates with community agencies and professionals to: (1) provide support for victim families of shaken baby syndrome (SBS), (2) advocate for justice for SBS victims, and (3) increase awareness of the problem.

For Law Enforcement Personnel

Department of Justice

- [Recognizing When a Child's Injury or Illness Is Caused by Abuse](#) (2014)
Helps first-responders and investigators distinguish between types of injuries and differentiate between injuries that result from child abuse and those that are accidental.

For Mental Health and child Welfare Professionals

Administration for Children & Families / Children's Bureau

- [Preventing Child Maltreatment and Promoting Well-Being: A Network for Action 2019 Resource Guide](#)
Offers support to service providers as they work with parents, caregivers, and their children to prevent child maltreatment and promote social and emotional wellbeing. To do so, the Resource Guide focuses on six protective factors that build family strengths and promote optimal child and youth development.

Agency for Healthcare Research and Quality

- [*Child Exposure to Trauma: Comparative Effectiveness of Interventions Addressing Maltreatment* \(2013\)](#)
Examines the comparative effectiveness of interventions designed to address the negative outcomes associated with child maltreatment.

American Professional Society on the Abuse of Children

Supports professionals who serve children and families affected by child maltreatment and violence.
[Child Welfare Information Gateway](#)

- [*Tools for Evaluating Prevention Programs*](#)
Lists resources to identify evaluation tools and strategies for measuring the success of child abuse prevention programs, including state and local examples
- [*The Risk and Prevention of Maltreatment of Children with Disabilities* \(2018\)](#)
Examines the problem in terms of statistics and research; covers critical issues encountered when assessing a child with a disability for maltreatment; and provides information about promising prevention, collaboration, and training approaches.

Childhelp

A national nonprofit that helps abused, neglected, and at-risk children. Focuses on advocacy, prevention, treatment, and community outreach.

- [*Help for Professionals*](#)
Offers access to the National Child Abuse Hotline for professionals working with children who are being abused. Trained professional counselors are available 24/7, with communication in 140 languages through translators. All calls are anonymous and toll-free: 1-800-4-A-CHILD (1-800-422-4453). Callers can discuss signs and symptoms of abuse, get help on deciding a course of action to take when abuse is suspected, learn what to expect when reporting child abuse, and access contact information for local reporting agencies.

Prevent Child Abuse America (PCA America)

- [*Emotional Child Abuse Fact Sheet*](#)
Defines emotional child abuse; discusses how it is identified, why it happens, and its consequences; describes potential perpetrators, victim assistance measures, and prevention efforts.

Other Resources

National Criminal Justice Reference Service

- [*Special Feature: Child Abuse* \(2017\)](#)
Provides a compilation of publications and resources on the prevalence, prevention, and responses to child abuse.