

Additional Resources on Sibling Death and Childhood Traumatic Grief

Resources for Professionals

This list includes some of the many resources available to professionals on the topic of sibling death and its relationship to childhood traumatic grief.

Please note that all product descriptions are based on information provided by the publisher or manufacturer, and do not necessarily represent the opinions of the NCTSN. Inclusion on this site is not an endorsement of any product by the NCTSN.

Books

Davies, B. (1998). *Shadows in the sun: The experiences of sibling bereavement in childhood*. New York: Routledge.

Provides a comprehensive model of sibling bereavement, including its immediate, short- and long-term and generational effects. Includes practical guidelines for those who seek to help grieving siblings, children, and families.

DeVita-Raeburn, E. (2007). *The empty room: Understanding sibling loss*. New York, NY: Scribner.

The author, a science journalist, uses powerful interviews with more than 200 sibling survivors to explore how difficult it can be, and how long it can take, to finally come to terms with the grief of losing a brother or sister.

Emswiler, M. A., & Emswiler, J. P. (2000). *Guiding your child through grief*. New York: Guilford.

Written by a husband and wife the authors rely on their experiences with grief to offer expert advice on helping children cope with the death of a parent or sibling.

White, P. G. (2006). *Sibling grief: Healing after the death of a sister or brother*. Lincoln, NE: iUniverse.

Drawing on her own experience of sibling loss as well as on her professional background, White explains the grief work involved in sibling loss.

Videos

Compassionate Friends. (1993). *This healing path*. Northbrook, IL: Film Ideas, Inc.

(<http://www.compassionatefriends.org/resources/AudioandVideoAvailable.aspx>)

This 35-minute video addresses issues and concerns of those who are grieving the loss of a sibling. Includes an introduction by former Chicago Bear Mike Singletary, himself a bereaved sibling, and a discussion guide. The siblings interviewed share their pain, sadness, anger, and fear and discuss issues such as parental over protectiveness and their own hopes for the future.