

Sample Goal Statement for Implementing TF-CBT (from the NCTSN Breakthrough Collaborative Series)

By October 31, 2006, the TF-CBT Breakthrough Series Collaborative (BSC) will increase the availability of TF-CBT at participating agencies and provide TF-CBT with sufficient fidelity to improve outcomes for traumatized children and their families. Twelve NCTSN centers and their affiliated agencies are participating in this initiative.

This initiative will use the BSC model to effect improvement in three domains: (1) clinical competence in the implementation of TF-CBT, (2) child and caregiver engagement in TF-CBT, and (3) organizational practices that support implementation of evidence-based practices.

Here are some examples of Goal Statements:

1. 90% of children referred for psychotherapy are screened for referral to TF-CBT using a protocol that incorporates standardized assessments.
2. 95% of clinicians who provide psychotherapy to traumatized children receive basic training in TF-CBT.
3. 100% of clinicians who provide TF-CBT receive ongoing supervision in the model.
4. 100% of clinicians who provide TF-CBT implement the model using a fidelity checklist.
5. 95% of children designated to receive TF-CBT have documentation of the core components in their case records.