

## Trauma-Informed Bingo

Can name three components of trauma-informed, evidence-based treatment.	Knows of a person or agency that specializes in tx for kids and families who've experienced DV.	Works in the same county as you.	Feels they work best with adolescents.	Can name one standardized, clinical measure used to assess child traumatic stress.
Speaks a second language fluently.	Currently working w/ a child who could benefit from trauma-informed therapy.	Can name the 4 key categories of symptoms for a PTSD diagnosis.	Did something last night to take care of him/herself after the long, intense day of training.	Is bi-cultural.
Can name three ideas to promote psychological safety for children with trauma histories.	Can define "evidence-based treatment."	Knows of an agency or person that specializes in tx for child sexual abuse.	Participates as part of a multidisciplinary team (MDT, CAC or other) that coordinates services.	Works in a treatment agency that provides evidence-based assessment and treatment.
Is familiar with TF-CBT or another evidence-based treatment for trauma.	Will be training professionals or resource parents about child trauma-informed child welfare practice.	Has made a referral for a client in need of immediate stabilization.	Can define the term "complex trauma."	Is new to (less than 2 years) work with children with traumatic stress.
Has worked with children with traumatic stress for more than 10 years.	Regularly participates in an activity they enjoy that helps to reduce or mitigate stress.	Without looking at notes, can name 5 of the 9 Essential Elements!	Can define "secondary adversity."	Knows a great visualization or relaxation exercise they could share with you.

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