



# **Brief Services Utilization Report**

**07.01.2002 through 12.31.2003**

**Prepared by the NCCTS Data Core**

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**The mission of the National Child Traumatic Stress Network is to raise the standard of care and improve access to services for traumatized children, their families, and communities throughout the United States.**

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The mission of The National Child Traumatic Stress Network (NCTSN) is to develop and implement the first national initiative to improve access to services and raise the standard of care for traumatized children, adolescents, and their families. The NCTSN is a nationwide collaborative network of organizations involved in the evaluation, treatment, and support of children and their families impacted by traumatic stress. The Network includes three components: (1) the National Center for Child Traumatic Stress (NCCTS, Category I), (2) Intervention Development and Evaluation Centers (Category II), and (3) Community Treatment and Services Centers (Category III).

The NCTSN currently comprises **55 centers**. The Category I NCCTS, representing a partnership between UCLA and Duke University, provides oversight and coordination of Network activities and initiatives. Two branches of the NCCTS are (1) the Terrorism and Disaster Branch co-located at UCLA and the University of Oklahoma Health Sciences and (2) the School Crisis and Intervention Unit located in the Los Angeles School District. The centers represented in this report are shown in Figure 1a.

Figure 1a. National Child Traumatic Stress Initiative Network Sites

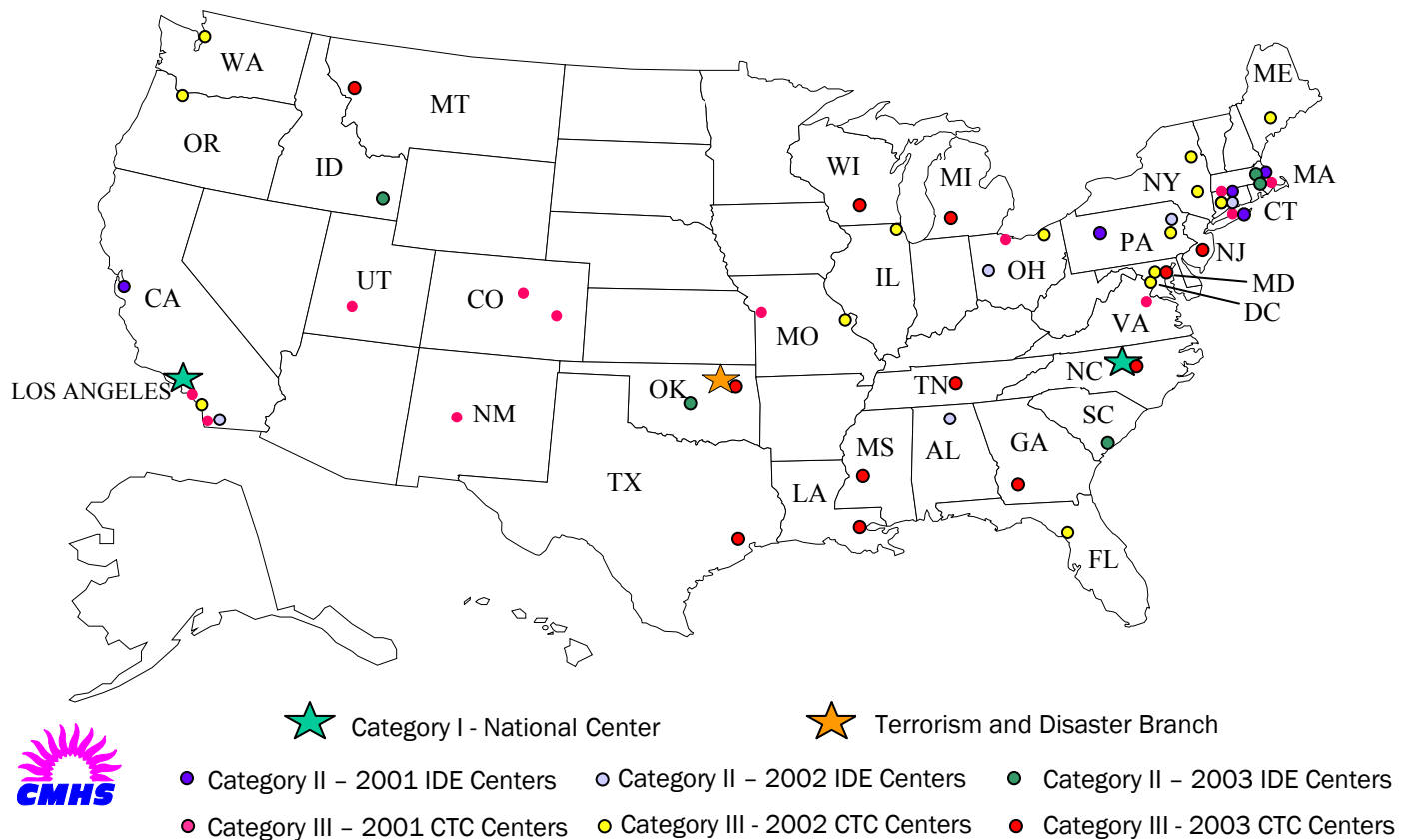
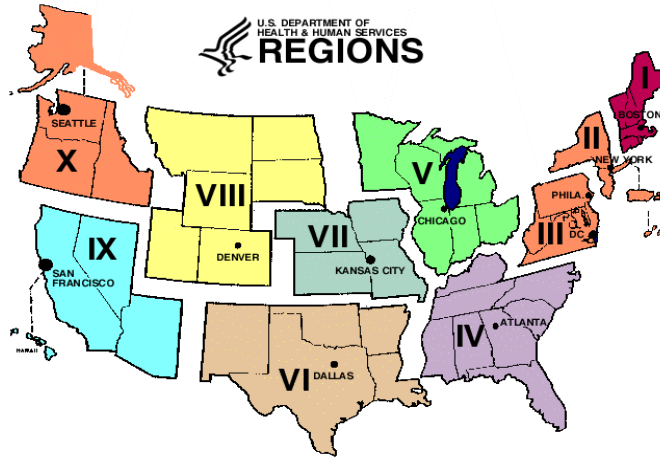


Figure 1b. U.S. Department of Health and Human Services Regions



**Category II/III Centers.** A total of 53 Category II or III Centers are represented in this report. Among these 53 Centers, 15 are Category II (28%) and 38 (72%) are Category III Centers. **Table 1** summarizes the location of the administrative site, defined as the address of the center's principal grantee for the Cooperative Agreement, for each Category II/III Center. Some centers are comprised of clinical site(s) that reside in a different state and/or congressional district than the administrative site. Among the 53 Category II/III Centers, 31 states and the District of Columbia are represented. The state of New York (13.2%) has the most centers, followed by California (9.4%).

Table 1. NCTSN Category II and III Centers: State Locations

State	Region	Category II (n= 15)	Category III (n= 38)	Category II/III (n= 53)
Alabama	IV	1 ( 6.7%)	0 ( 0.0%)	1 ( 1.9%)
California	IX	2 ( 13.3%)	3 ( 7.9%)	5 ( 9.4%)
Colorado	VIII	0 ( 0.0%)	2 ( 5.3%)	2 ( 3.8%)
Connecticut	I	1 ( 6.7%)	0 ( 0.0%)	1 ( 1.9%)
District of Columbia	III	0 ( 0.0%)	2 ( 5.3%)	2 ( 3.8%)
Florida	IV	0 ( 0.0%)	1 ( 2.6%)	1 ( 1.9%)
Georgia	IV	0 ( 0.0%)	1 ( 2.6%)	1 ( 1.9%)
Idaho	X	1 ( 6.7%)	0 ( 0.0%)	1 ( 1.9%)
Illinois	V	0 ( 0.0%)	1 ( 2.6%)	1 ( 1.9%)
Louisiana	VI	0 ( 0.0%)	1 ( 2.6%)	1 ( 1.9%)
Maine	I	0 ( 0.0%)	1 ( 2.6%)	1 ( 1.9%)
Maryland	III	0 ( 0.0%)	1 ( 2.6%)	1 ( 1.9%)
Massachusetts	I	3 ( 20.0%)	1 ( 2.6%)	4 ( 7.5%)
Michigan	V	0 ( 0.0%)	1 ( 2.6%)	1 ( 1.9%)
Mississippi	IV	0 ( 0.0%)	1 ( 2.6%)	1 ( 1.9%)
Missouri	VII	0 ( 0.0%)	2 ( 5.3%)	2 ( 3.8%)
Montana	VIII	0 ( 0.0%)	1 ( 2.6%)	1 ( 1.9%)
New Jersey	II	0 ( 0.0%)	1 ( 2.6%)	1 ( 1.9%)
New Mexico	VI	0 ( 0.0%)	1 ( 2.6%)	1 ( 1.9%)
New York	II	2 ( 13.3%)	5 ( 13.2%)	7 ( 13.2%)
North Carolina	VII	0 ( 0.0%)	1 ( 2.6%)	1 ( 1.9%)
Ohio	V	1 ( 6.7%)	2 ( 5.3%)	3 ( 5.7%)
Oklahoma	VI	1 ( 6.7%)	1 ( 2.6%)	2 ( 3.8%)
Oregon	X	0 ( 0.0%)	1 ( 2.6%)	1 ( 1.9%)
Pennsylvania	III	2 ( 13.3%)	1 ( 2.6%)	3 ( 5.7%)
South Carolina	IV	1 ( 6.7%)	0 ( 0.0%)	1 ( 1.9%)
Tennessee	IV	0 ( 0.0%)	1 ( 2.6%)	1 ( 1.9%)
Texas	VII	0 ( 0.0%)	1 ( 2.6%)	1 ( 1.9%)
Utah	VIII	0 ( 0.0%)	1 ( 2.6%)	1 ( 1.9%)
Virginia	III	0 ( 0.0%)	1 ( 2.6%)	1 ( 1.9%)
Washington	X	0 ( 0.0%)	1 ( 2.6%)	1 ( 1.9%)
Wisconsin	V	0 ( 0.0%)	1 ( 2.6%)	1 ( 1.9%)

**Services Utilization Form (SUF).** The NCCTS Data Core developed the SUF to capture quantitative data on Network-supported activities and services at each of the NCTSN centers. The form is designed to track activities carried out under the auspices of their grant from the Center for Mental Health Services (CMHS), Substance Abuse and Mental Health Services Administration (SAMHSA), for the National Child Traumatic Stress Initiative. Completed SUFs are submitted at the end of each Quarterly Progress Reporting (QPR) period.

**SUF Initiation Date.** The NCCTS Data Core introduced the SUF as a data collection tool during the 07.01.2002 to 09.30.2002 QPR period. **Table 2** provides the funding initiation date and the QPR period in which SUF data collection began for each of the 55 Centers.

*Please note that there were 25 funded Centers as of 07.01.2002. The other Centers were funded in or after Sept 2002 and, thus, the SUF data collection process did not begin at these Centers until the QPR period following the funding initiation Period.*

**SUF Cumulative Summary.** The tables and graphs in this report provide summaries by quarter or cumulative summaries across quarters of the service utilization data provided for the time period between **07.01.2002 and 12.31.2003.**

**Table 2. Centers Represented in the Current Report**

Funding Initiation	Current QPR Dates	Report QPR Period	# Centers	# Category I	# Category II	# Category III
Sept 2001	10.01.03 to 12.31.03	3.1	19	2	5	12
July 2002	10.01.03 to 12.31.03	2.2	6	–	2	4
Sept 2002	10.01.03 to 12.31.03	2.1	13	–	3	10
Sept 2003	10.01.03 to 12.31.03	1.1	17	–	5	12
			<b>55</b>	<b>2</b>	<b>15</b>	<b>38</b>

Quarterly Progress Report (QPR) period reflects funding year and quarter, as provided by SAMHSA.

**DIRECT CLINICAL SERVICES TO CHILDREN.** Direct clinical services include individual and group therapy, evaluation, crisis response, medication check, etc. These services might be delivered in the clinic, school, home, or other location. This category does not include family therapy, case consultation, or case management. This section summarizes direct clinical services to children (age 0-21 years) reported by the Category II and III Centers between **07.01.2002 and 12.31.2003.** The Category I NCCTS provides oversight and coordination of Network activities and, therefore, does not provide direct clinical services to children. Each center is asked to provide an “unduplicated” count of children served during the quarter (meaning, that a child is counted only once regardless of the number of sessions or visits to the setting.). However, if the same child receives services in a subsequent quarter, the child is also included in the count for that subsequent quarter. Hence, the data provides “unduplicated” counts of children served within a quarter but not across quarters.

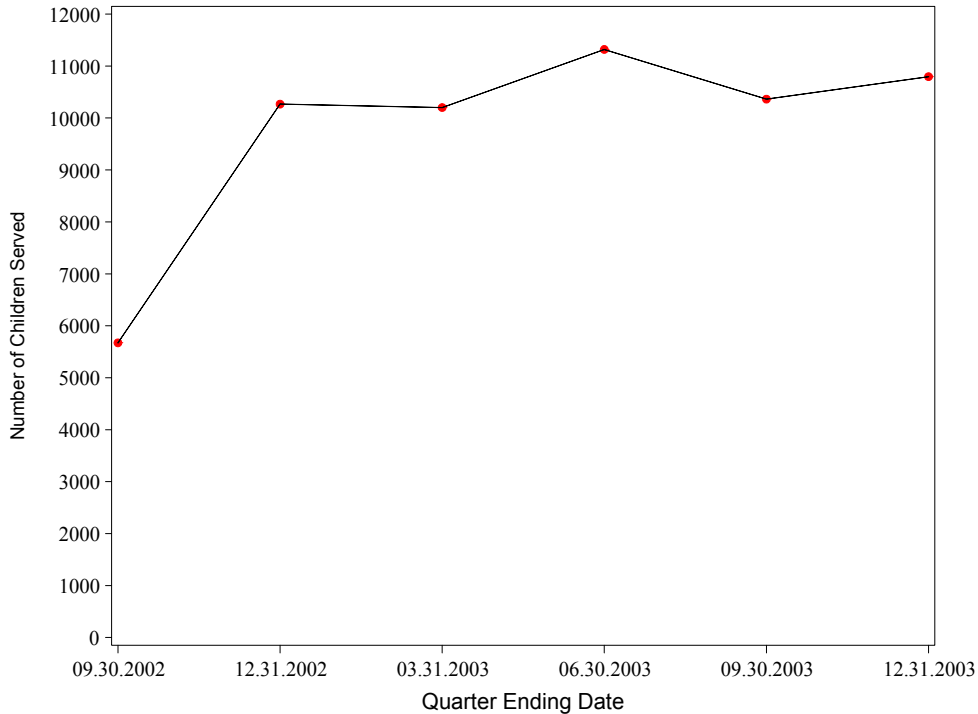
**Table 3** indicates that Category II Centers provided 30% of the Direct Clinical Services to Children, while the Category III Centers provided 70% of the services reported. As noted above, 28% of these centers are Category II and 72% are Category III Centers.

**Table 3. Direct Clinical Services to Children since 07.01.2002**

Report #	QPR Period	All Centers	Category II	Category III
1	07.01.2002	5672	387	5285
	09.30.2002	(23)	(7)	(16)
2	10.01.2002	10266	3931	6335
	12.31.2002	(36)	(10)	(26)
3	01.01.2003	10200	3068	7132
	03.31.2003	(36)	(10)	(26)
4	04.01.2003	11318	3519	7799
	06.30.2003	(36)	(10)	(26)
5	07.01.2003	10362	2984	7378
	09.30.2003	(36)	(10)	(26)
6	10.01.2003	10795	3494	7301
	12.31.2003	(53)	(15)	(38)
Cumulative Total		58613	17383	41230
Percent of Total			30%	70%

Number in parentheses is the number of centers represented

**Figure 2. Direct Clinical Services to Children – Category II and III Centers**



**Table 4** presents age subgroup percentages. According to this information, direct clinical services were provided primarily to children between 4-12 years of age at both the Category II and III Centers. This has been a consistent finding across quarters. Direct services to children in the 0-3 and 18-21 age subgroups were less common.

**Table 4. Direct Clinical Services for Age Subgroups since 07.01.2002**

Category	Centers	Total Number of Children Served	Children (0-3)	Children (4-12)	Children (13-17)	Children (18-21)	Children (Age Unknown)
All Centers	53	58613	2300 (3.9%)	21754 (37.1%)	13449 (22.9%)	1537 (2.6%)	19573 (33.4%)
Category II	15	17383	1126 (6.5%)	9138 (52.6%)	3311 (19.0%)	309 (1.8%)	3499 (20.1%)
Category III	38	41230	1174 (2.8%)	12616 (30.6%)	10138 (24.6%)	1228 (3.0%)	16074 (39.0%)

**CLIENT RELATED SERVICES FOR CHILDREN.** This section summarizes family therapy, case consultation, case management services, or referrals provided for children. The following definitions are applied.

**Family Therapy:** Planned therapeutic sessions involving the client with other family members. The number reflects targeted children, not total number of family members.

**Parent Education:** General teaching and providing information to parents that increases their understanding of needs related to traumatic stress. Parent(s) include guardians, caretakers, or other parental substitutes.

**Parent Training:** Teaching of specific skills for managing children's behavior taught to individual parents or groups of parents and often in the absence of the child. Does not include activities previously counted as Parent Education and Family Therapy.

**Case Consultation:** Activities related to providing professional or clinical expertise to another provider for benefit to a specific patient/client.

**Case Management:** Activities for the purposes of locating services other than services provided by their organization, linking the client/patient with these services, monitoring the client's/patient's receipt of these services on behalf of the patient/client. Case management may be provided by an individual or a team; it may include both face-to-face and telephone contact with the client/patient as well as contact with other service providers.

**Referrals:** Services that direct, guide, or link the client with appropriate services provided within their organization or outside their organization. Referrals carried out as part of case management activities are not included.

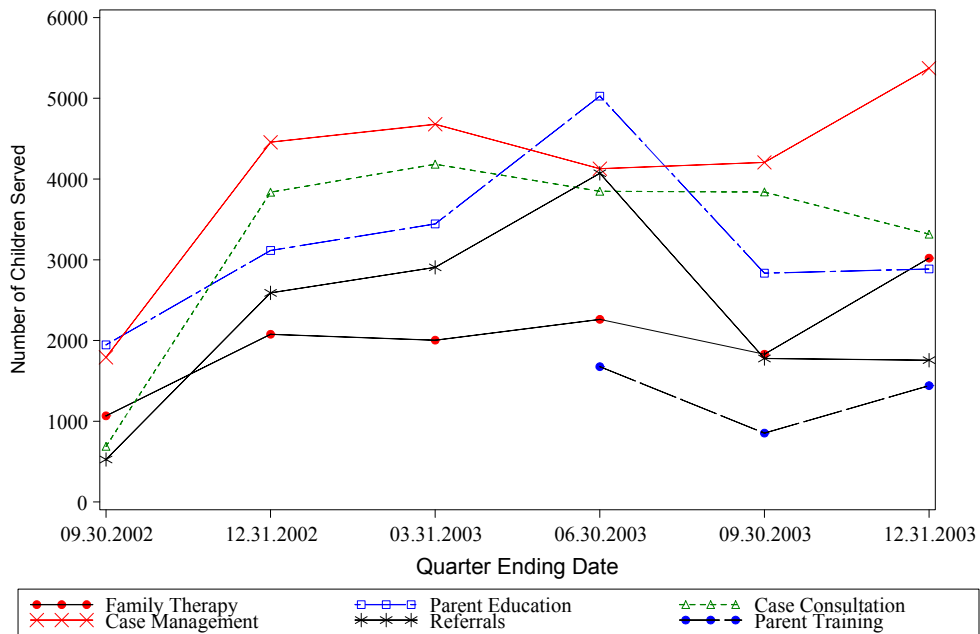
**Table 5** provides the number of clients receiving these services. As with direct services, a client who receives services across quarters has multiple representations in the cumulative summary.

**Table 5. Number of Clients Receiving Related Services for Children since 07.01.2002**

Category	Centers	Family Therapy	Parent Education	Case Consultation	Case Management	Referrals	Parent Training
All Centers	53	12260	19252	19712	24631	13626	3970
Category II	15	4820	8192	10642	8133	3233	2453
Category III	38	7440	11060	9070	16498	10393	1517

The Parent Training category was added to the SUF for the quarter ending 06.30.2003 (Report 4).

**Figure 3. Client Related Services for Children – Category II and III Centers**



Parent Training was added to the SUF for the quarter ending 06.30.2003.

**CHILD OR ADOLESCENT TRAUMATIC STRESS TRAINING.** This section details training sessions or events on topics related to child or adolescent traumatic stress that centers organized or conducted during the quarter. For each training session/event, the information reflects the topic on which it was primarily focused. The following tables detail Category I, II and III data regarding training in the following areas.

- (1) Treatment Techniques/Interventions
- (2) Assessment Methodologies
- (3) Trauma Education
- (4) Terrorism, War, or Political Violence
- (5) Natural or Man-made Disasters
- (6) Traumatic Bereavement
- (7) Other topics related to traumatic stress

**Note:** The Political Violence and Disasters categories were added to the SUF for the quarter ending 3.31.2003 (Report 3). The Traumatic Bereavement category was added to the SUF for the quarter ending 6.30.2003 (Report 4).

**Table 6. Number of Training Sessions and/or Events since 07.01.2002**

Category	Centers	Treatment	Assessment	Education	Political Violence	Disaster	Traumatic Bereavement	Other
All Centers	55	1283	557	1171	144	20	95	594
Category I	2	36	8	38	48	8	6	29
Category II	15	564	259	465	36	3	53	206
Category III	38	683	290	668	60	9	36	359

The Political Violence and Disaster categories were added to the SUF for the quarter ending 03.31.2003 (Report 3). The Traumatic Bereavement category was added to the SUF for the quarter ending 06.30.2003 (Report 4).



**Table 7. Number of Individuals Trained since 07.01.2002**

Category	Centers	Treatment	Assessment	Education	Political Violence	Disaster	Traumatic Bereavement	Other
<b>All Centers</b>	55	54049	19208	58468	7545	976	3585	24008
Category I	2	2526	358	2228	2741	620	375	2002
Category II	15	28863	14830	32630	2670	85	2659	10258
Category III	38	22660	4020	23610	2134	271	551	11748

The Political Violence and Disaster categories were added to the SUF for the quarter ending 03.31.2003 (Report 3).  
 The Traumatic Bereavement category was added to the SUF for the quarter ending 06.30.2003 (Report 4).

**Table 8. Hours of Training Provided since 07.01.2002**

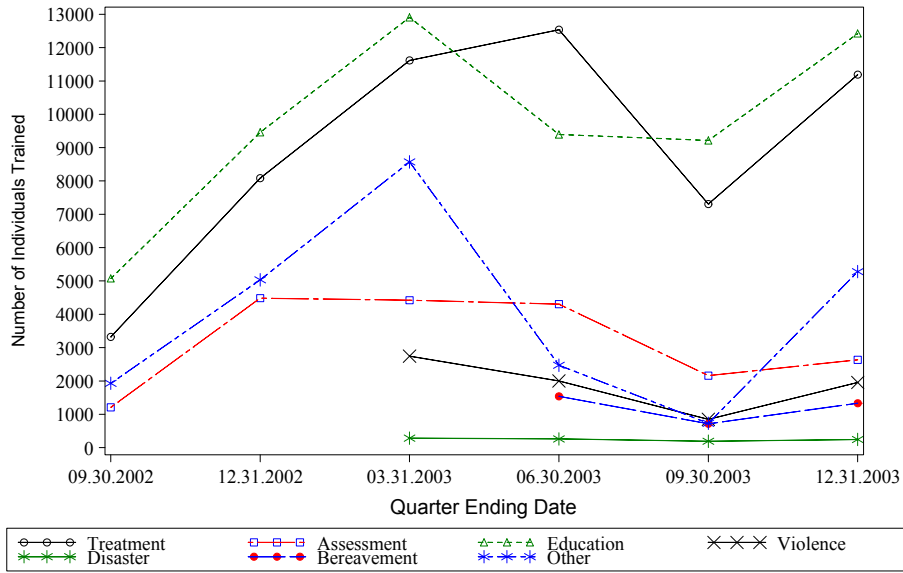
Category	Centers	Treatment	Assessment	Education	Political Violence	Disaster	Traumatic Bereavement	Other
<b>All Centers</b>	55	6441.50	3620.25	3257.85	321.60	65.50	326.50	2046.25
Category I	2	122.00	13.00	122.00	123.00	34.00	9.50	71.00
Category II	15	3728.50	2880.00	1319.35	87.10	6.50	110.50	500.50
Category III	38	2591.00	727.25	1816.50	111.50	25.00	206.50	1474.75

The Political Violence and Disaster categories were added to the SUF for the quarter ending 03.31.2003 (Report 3).  
 The Traumatic Bereavement category was added to the SUF for the quarter ending 06.30.2003 (Report 4).

**Table 9. Training Summation since 07.01.2002**

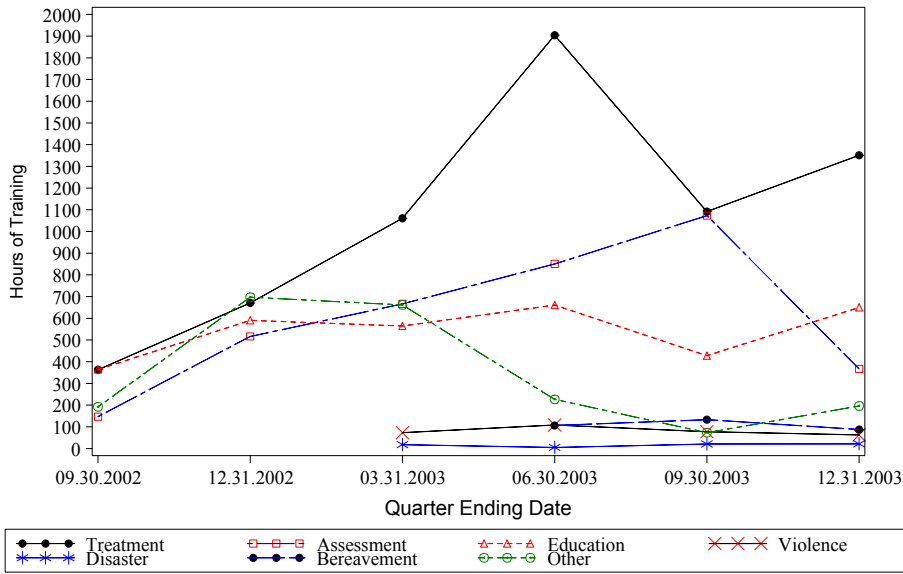
Category	Centers	Sessions or Events	Individuals Trained	Hours of Training
<b>All Centers</b>	55	3864	167839	16079.45
Category I	2	173	10850	494.50
Category II	15	1586	91995	8632.45
Category III	38	2105	64994	6952.50

**Figure 4. Number of Individuals Trained – Category I, II and III Centers**



Political Violence & Disaster were added to the SUF for the quarter ending 03.31.2003.  
 Traumatic Bereavement was added to the SUF for the quarter ending 06.30.2003.

**Figure 5. Hours of Training – Category I, II and III Centers**



Political Violence & Disaster were added to the SUF for the quarter ending 03.31.2003.  
 Traumatic Bereavement was added to the SUF for the quarter ending 06.30.2003.

**CONCLUSIONS.** The NCTSN is currently composed of 55 centers. Among these 55 centers, 15 are Category II (28%) and 38 (72%) are Category III Centers. The Category II Centers provide 30% of the Direct Clinical Services to Children, while the Category III Centers provide 70% of the direct services. Direct clinical services are provided primarily to children between 4-12 years of age at both the Category II and III Centers. This has been a consistent finding across all reporting quarters. Direct services to children in the 0-3 and 18-21 age subgroups are less common. In the current quarter, the number of clients receiving case management was highest among all client related services. With regard to child and adolescent traumatic stress training, there have been 3864 sessions/events, 167,839 individuals trained, and 16,079 training hours reported by the Category I, II and III Centers. The average number of hours of training per session or event is 2.9 for Category I Centers, 5.4 for Category II Centers, and 3.3 for Category III Centers.